

# Tranquil Spa

Price List 2018

## Eyes

Eye-brow tint	£9.50	Eye-brow tidy & tint	£17.00
Eye-lash tint	£16.50	Eye-lash & brow tint	£21.00

## Yumi Lashes

£50.00

An advanced technique designed to boost and lift the lash without having to resort to false lashes

Eye-lash Extensions - Full Set of Individual lashes	£50.00
Infill Lashes (after 2 weeks from full set)	£30.00
Removal of individual lashes	£10.00

## Tanning Treatments

### St Tropez Tanning

Spray Tan (choice of classic, dark or express)	from £20.00
Spray Tan & Exfoliation	from £30.00

## Elemis Body Treatments

### Exotic Nourishing Body Wrap

£55.00

A lusciously fragrant body wrap that quenches thirsty skin for velvety soft, super-hydrated results

### Intensely Cleansing Salt Scrub

£36.00

### Targeted Toning Tightener

£60.00

A powerful blend of massage and a detoxifying clay for targeted toning and improved circulation

## Massage

These massage techniques can be used to induce relaxation or to invigorate the body.

	30 mins	45 mins	60 mins
Swedish	£29.00	£40.00	£51.00
Aromatherapy	£33.50	£48.50	£65.50
Deep Tissue	£31.00	£43.00	£56.00
Hot Stone/Lava Shell	£35.00	£45.50	£56.00



## Holistics

### Indian Head Massage

£42.00

### Reflexology

£42.00

### Hopi Ears

£42.00

A pleasant traditional and non invasive technique to offer real calming benefits to many problems associated with the ear

## Pregnancy Treatments

Designed to nurture and support a woman through the rich experience of each trimester.

### Elemis Peaceful Pregnancy Massage

£65.00

An intuitive and relaxing massage that hydrates skin that is expanding to accommodate a growing baby

### Elemis Pregnancy Face & Body Experience

£90.00

Perfect treatment combination that gently addresses any visible effects of hormonal changes on the skin and supports it as it accommodates your baby

## Special Treats

### Drift Away

£50.00

Tale an hour's holiday and enjoy a back exfoliation, massage and facial. Perfect for a me-time escape

### Time for Two

£90.00

The above package, for two

### Holiday Package

£95.00

Full leg and bikini wax, eyelash tint, shellac nails & toes

### Half Day Pamper

£68.00

30 mins Elemis facial, 30 mins back, neck & shoulder massage and re-polish for hands & feet

### Tranquil Teens

£43.00

30 mins facial with eyebrow tidy and re-varnish for hands & feet

### Luxury Pamper

£99.00

60 mins facial and deluxe manicure and pedicure with a complimentary glass of bubbly

### Prom Package

£43.00

Spray Tan, eyebrow tidy and re-varnish for hands & feet

## Cancellation Policy

Your time & treatment type have been reserved especially for you at your request. We offer a prepayment-booking scheme. If you need to change or cancel your appointment, please give 24 hours notice or a 50% cancellation fee will be charged.

Please arrive at least 5-10 minutes prior to your appointment time, so you can unwind on our sofa area before your treatment starts

## Facials

## Waxing

## Skin Peels

## Hot Wax

## Intense Pulse Light

## Manicures & Pedicures

## Body Treatments

## All at Affordable Prices...



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www.tranquildayspa.co.uk

# ELEMIS

Using a range of professional skin care brands we can cater for every skin type. All our therapists are highly trained and will offer you a free skin consultation.

<b>Superfood Pro Radiance</b>	<b>£67.00</b>
Leaves stressed, dull skin plumper, radiant and energised	
<b>Sensitive Skin Soother</b>	<b>£67.00</b>
Helps reduce redness & restores moisture levels	
<b>Anti-Blemish Mattify and Calm</b>	<b>£56.00</b>
Combats oil and shine on congested oily skin	
<b>Pro Collagen Age Defy</b>	<b>£67.00</b>
Proven to reduce fine lines and wrinkles	
<b>Pro Definition Contour</b>	<b>£67.00</b>
Significantly reduces facial contour & sagging skin.	
<b>Dynamic Resurfacing Precision Peel</b>	<b>£67.00</b>
Peel away the years for smoother renewed skin.	
<b>White Brightening Pigment Perfector</b>	<b>£67.00</b>
Restores even skin tone, targets areas of pigmentation	

# CACI

<b>CACI Non Surgical Facelift</b>	<b>£55.00</b>
Considered to be the most advanced non-surgical facial toning procedure available.	
<b>CACI Ultimate Facial</b>	<b>£80.00</b>
<b>CACI Wrinkle Revolution</b>	<b>£30.00</b>
The non invasive, needle free alternative to collagen injections	
<b>CACI Jowl Lift</b>	<b>£30.00</b>
Designed to specifically target sagging jowls	
<b>CACI Hydratone</b>	<b>£30.00</b>
Combines CACI's face firming rollers with CACI Hydro Mask.	
<b>CACI Eye Revive</b>	<b>£35.00</b>
Concentrating on the eye area, this treatment gently lifts, smooths and plumps to erase fine lines and wrinkles. Intensive re-hydration leaves eye area bright, lifted and smooth.	
<b>CACI Microdermabrasion and hydra mask</b>	<b>£50.00</b>

**Gift Vouchers available  
both in the spa and online  
treat the ones you love today!**

# Murad | m

<b>Method 75 Minute Facial</b>	<b>£76.00</b>
Taylor made to treat, repair and target recent or existing skin conditions. Active ingredients and advanced skin peels will restore, rejuvenate and bring back balance to any skin type and skin problems.	
<b>Murad Age Reform 30 minutes</b>	<b>£34.00</b>
<b>Murad Age Reform 60 minutes</b>	<b>£68.00</b>
<b>IPL Advanced Rejuvenation Facial</b>	<b>£90.00</b>
Reduces the appearance of pigmentation, acne, red veins and signs of aging.	

## Nails

<b>Shellac Manicure or Pedicure</b>	<b>£25.00</b>
14+ day wear, mirror shine, zero drying time	
Removal (free with a new set) or	<b>£5.00</b>
<b>IBX Nail Treatment Repair</b>	<b>£10.00</b>
Nail treatment that strengthens and repairs the natural nail under any shellac or nail polish	
<b>IBX Nail Treatment Maintenance</b>	<b>£5.00</b>
<b>File &amp; Polish</b>	<b>£13.00</b>
<b>Pedicure (1hr)</b>	<b>£30.00</b>
<b>Manicure (1hr)</b>	<b>£20.00</b>
<b>French + Glitter Extra</b>	<b>from £5.00</b>
<b>Shellac upgrade to any Manicure/Pedicure</b>	<b>£10.00</b>
<b>Heated Bootles upgrade (15 mins)</b>	<b>£7.00</b>
<b>Heated Mittens upgrade (15 mins)</b>	<b>£7.00</b>
<b>Shellac removal &amp; mini Manicure/Pedicure</b>	<b>£12.00</b>
(includes nail treatment from Nailtiques protein to strengthen the nail)	
<b>Gel/Acrylic Nail Extensions</b>	<b>£45.00</b>
<b>Gel/Acrylic Infill</b>	<b>£28.00</b>
<b>Gel/Acrylic Overlay</b>	<b>£30.00</b>
<b>Shellac Add on</b>	<b>£10.00</b>

## Booking Courses

Courses - when you book a course of treatments of three or more, a discount is applied. The treatments must be the same and this is only available on selected treatments.

Courses are valid for 12 months.



## Hair Removal

### Strip Waxing

Bikini Line	<b>£17.00</b>
Extended Bikini	<b>£19.00</b>
Back	<b>£25.00</b>
Chest	<b>£25.00</b>
Eyebrow	<b>£12.50</b>
Lip & Chin	<b>£17.00</b>
Lip or Chin	<b>£10.00</b>
Full arm	<b>£20.00</b>
Underarm	<b>£17.00</b>
Half Leg Lower	<b>£20.00</b>
Half Leg Upper	<b>£18.00</b>
Three Quarter Leg	<b>£20.50</b>
Full Leg	<b>£28.00</b>
Full Leg & Bikini	<b>£41.00</b>

### Hot Comfort Waxing\*

Bikini Line	<b>£17.00</b>
Extended Bikini	<b>£27.00</b>
Brazilian Bikini	<b>£40.00</b>
Hollywood Bikini	<b>£50.00</b>
Playboy	<b>£60.00</b>
Chest	<b>£60.00</b>
Face	<b>£30.00</b>
Eyebrow	<b>£19.00</b>
Lip & Chin	<b>£20.00</b>
Lip or Chin	<b>£12.00</b>
Forearm	<b>£28.00</b>
Underarm	<b>£20.00</b>
<b>Threading</b>	
Eyebrow	<b>£14.00</b>
Lip or Chin	<b>£10.00</b>

\*hot comfort wax is recommended for more sensitive or intimate areas.

<b>Milla Removal</b>	<b>from £15.00</b>
The removal of stubborn Milla trapped under the skin.	

## IPL (Intense Pulse Light)

IPL (Intense Pulse Light) our permanent hair reduction treatment.

<b>Consultation &amp; Patch test (redeemable off treatment)</b>		<b>£20.00</b>	
Bikini Line (from)	<b>£35.00</b>	Lip or Chin	<b>£30.00</b>
Extended Bikini	<b>£45.00</b>	Forearm	<b>£65.00</b>
Brazilian Bikini	<b>£55.00</b>	Full Arm	<b>£90.00</b>
Back	<b>£110.00</b>	Underarm	<b>£35.00</b>
Chest	<b>£75.00</b>	Half Leg Lower	<b>£55.00</b>
Face	<b>£40.00</b>	Three Quarter Leg	<b>£110.00</b>
Lip & Chin	<b>£45.00</b>	Full Leg	<b>£150.00</b>

Please note - some treatments may require a patch test. Please enquire when booking.